Seminars
- Cold calls, choice your employer
- Develop your CV, basic
- Develop your CV, continued
- Employer contacts, why and how
- Employer contacts, practical training
- Manpower Tests
- Marketing your self
- New on the labour market
- Inspiration

Individual-activities
- Interview training with feedback
- Individual guidance
- Thorough feedback LIV/LIVa
- Vocational training, why
- Vocational training, where to find it
Personal coaching 90 min

Manpower G R O W model